

## 2<sup>nd</sup> CLASS BOARD OF REVIEW STUDY GUIDE

### SCOUT OATH:

On my honor I will do my best  
To do my duty to God and my country  
and to obey the Scout Law;  
To help other people at all times;  
To keep myself physically strong,  
mentally awake and morally straight.

### SCOUT LAW:

A Scout is trustworthy, loyal, helpful,  
friendly, courteous, kind, obedient,  
cheerful, thrifty, brave, clean and reverent.

### SCOUT MOTTO:

Be prepared

### SCOUT SLOGAN:

Do a good turn daily.

### OUTDOOR CODE:

As an American, I will do my best to  
be clean in my outdoor manners,  
be careful with fire,  
be considerate in the outdoors, and  
be conservation minded.

### SCOUT BADGE:

Shaped like the point on a compass – means that a Scout can point the right way in life

Three points of the *trefoil* (*three leaves*) stands for the three parts of the Scout Oath: 1) duty to God and country, 2) duty to others, and 3) duty to self.

Eagle and Shield stands for freedom and a Scout's readiness to defend that freedom.

Two stars symbolize truth and knowledge

Scroll bearing the Scout Motto is turned up as a reminder that a Scout smiles as he does his duty.

Knot represents the Scout Slogan, "Do a Good Turn Daily".

**DESCRIBE OTHER PARTS OF THE UNIFORM:**

Council, Troop number, leadership position, International Scouting emblem, Arrow of Light

**WHIPPING & FUSING A ROPE:**

Why – to prevent a rope from becoming unraveled

Fusing – burn the ends of a synthetic rope

Whipping – use waxed string (dental floss) for non-synthetic rope

**KNOTS:**

Two Half Hitches – used for the end attached to tarp or rain fly

Taut-Line Hitch – used for the opposite end on a tarp or rain fly

**HIKING:**

Always know where do are going

Let someone else know where you are going and when you will return

Buddy system – never go off alone

Hiking on roads – Stay in single file on left side facing the traffic.

Hiking on trails – Do not leave the trail.

If you get lost – STOP (stay calm, think, observe, plan)

If you have no idea where you are....stay put!

Universal distress call is any signal repeated 3 times

**HEIMLICH MANEUVER:**

The signs of choking – face turns red and is unable to breath, cough or speak

Standing behind the victim, put your arms around his waist and clasp your hands together with the knuckle of one hand just under the rib cage.

Thrust your clasped hands inward and upward with enough force to clear the obstruction. Repeat as needed or until help arrives.

**FIRST AID:**

Simple cuts and scratches – wash with soap & water, apply antiseptic, keep clean by applying bandage.

Object in the eye – Pull the upper lid down over the lower lid. If the object is under the lower eye lid, pull out on the lower lid.

Blisters – Apply mole skin and/or gel pad

Minor burns – Hold under cold water or apply cool, wet compress.

Serious burns (2<sup>nd</sup> degree) – If blister forms, do not puncture. Treat as above and apply sterile gauze pad.

Insect bites – Remove stinger with edge of a knife blade. Do not squeeze it out.

Removing a fish hook – Push the hook through the skin. Cut off the barb then pull back through.

Poisonous snake bite – Send for help immediately. Remove jewelry that would restrict blood flow in the area swells. Position the bite area lower than the rest of the body. Have the victim stay calm. Treat for shock.

Shock – Send for help immediately. Get the person to lie down with feet elevated. Keep the person warm.

Nose bleed – Pinch the nostrils together and lean forward.

Frost bite – Get to shelter and warm the injured area. Use warm, not hot water.

#### **FIRST AID HURRY CASES:**

Stopped Breathing – Open the airway and perform rescue breathing. If the victim's chest does not rise and fall, check again for obstructions in the airway and do the Heimlich maneuver.

Severe Bleeding – 1) Put on latex gloves before touching the victim. 2) First try direct pressure using a clean cloth or bandage. Do not remove the direct pressure pad; instead, apply new ones over the old. 3) Raise the injured part above the heart. 4) If bleeding persists, press hard on one of the 4 pressure points (arm pit or groin). 5) When bleeding has stopped, hold the pad in place with medical tape. Don't wrap too tight.

Internal Poisoning – Take the poison containers to a telephone and call 911. Treat the victim for shock and monitor breathing.

#### **FIRST AID KIT:**

Describe the contents of your first aid kit

#### **SAFE SWIM DEFENSE:**

1. Qualified supervision
2. Physical fitness
3. Safe area
4. Lifeguards
5. Lookout
6. Ability groups
7. Buddy system
8. Discipline

**WATER RESCUES:**

1. Reach
2. Throw
3. Row
4. Go (last resort)

**MAPS:**

Directions – North is almost always towards the top of the map. *True North* points to the North Pole. Compasses always points to *Magnetic North*.

Distances – bar scales measures feet, meters and miles

Symbols – explain symbols on the map

Colors – Green means heavy vegetation, white means open areas, blue means water, black is anything man-made and brown is used for contour lines.

Orienting a Map – 2 methods: with a compass or by sighting land features.

**SELECTING A CAMPSITE:**

Permission – Always get permission if private land. If public land, make sure camping is allowed.

Environmental Impact – Use established campsites if possible and existing fire rings if available.

Safety – Don't pitch a tent under trees with dead branches, low spots that can flood or areas that are likely targets of lightning.

Terrain – Gentle slope for drainage. Area facing south and east will be drier.

**KNIFE OR AX CARE & HANDLING:**

Keep sharp at all times

Carry ax by holding near the head

Use only in safe area

**BUILDING A FIRE:**

Selecting a sight – minimize environmental impact. Use existing fire rings if available.

Safety – Rake away dry leaves, pine straw, etc. Keep water nearby. Never leave a fire unattended.

Build fire on a mound. Do not dig a pit (harms soil layer)

Components of a fire – tinder, kindling and fuel wood

Types of construction – tepee, log cabin, lean-to